

Perch Base, United States Submariners

Flash Traffic

Number: #3-4-2020

Date: 3/12/2020

Subject: Base Meeting and the Coronavirus

Shipmates,

During this time of caution here are some simple and basic steps to ensure the health and safety of our shipmates outlined by the CDC:

1. Please stay home if you or a family member are sick.
2. Wash your hands often with soap and water for at least 20 seconds, especially after using the bathroom, before eating, and after blowing your nose, coughing, or sneezing.
3. Cover your sneeze or cough with a tissue or your arm.
4. Get in the habit of not touching your face.

Until this crisis passes, please don't be offended if someone refuses to shake your hand when greeting, just give a friendly smile and wave.

This is an official email communication from the USSVI Perch Base and does not require a response.