

Perch Base, United States Submariners

Flash Traffic

Number: #1-2-2022

Date: 1/9/2022

Subject: Possible Covid Exposure

To all, it has come to our attention that a shipmate that attended yesterday's, 1/8/2022, meeting has Covid.

According to CDC guidelines, linked below:

If you were exposed to COVID-19 and are NOT up to date on COVID-19 vaccinations you should-

- Quarantine for at least 5 days.
- Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.
- If you develop symptoms, isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>

This is an official email communication from the USSVI Perch Base and does not require a response.